

## Template for Planning Routines

Routine: Lunch Time	Exact time: 11:00 – 11:30 a.m.
Recognition Cue: Table helper will hold up the “Lunch” visual, and children will be individually dismissed from the carpet by the lead teacher.	Who will give the recognition cue? Table helper (child)
Explicit Steps of the Routine: 1. Table helper(s) assist the TA with setting table. (*plan routine within routine) 2. Lunch helper gives recognition cue. 3. Teacher dismisses children from carpet to go to table. 4. Meal is family-style, so children begin to serve themselves. 5. Children pass the bowls of food to the person sitting next to them after serving themselves. 6. Beginning at 11:20, children are dismissed from the table as they finish.(*plan routine within routine) 7. Children may use the bathroom and then look at books on their cots.	How this routine will be taught: <input checked="" type="checkbox"/> Steps taught at circle time <input checked="" type="checkbox"/> Teachers model steps <input type="checkbox"/> Use of puppets to model <input checked="" type="checkbox"/> Role Play with children <input checked="" type="checkbox"/> Embedded Social Skills: 1. Self-help skills (pouring, scooping, throwing plate away, etc.) 2. Using manners to ask for food: “May I please have....?” And “Please pass the.....” and “Would you like some.....?” when passing foods. 3. Saying “Excuse me” after burping. 4. Requesting assistance (refraining from demanding or whining) 5. Taking turns in conversations.
How the children will know they’re making progress with the routine: <input checked="" type="checkbox"/> verbal affirmations / parallel talk <input checked="" type="checkbox"/> time reminders – reorientations to eat <input type="checkbox"/> other:	Warning(s) that the routine will be ending: At <u>10</u> minutes til end At <u>5</u> minutes til end At <u>2</u> minutes til end
*Routine(s) within this routine: Table helper steps Lunch clean-up steps	Type of warning signal for ending: Verbal
How will the end of the routine be clear to the children? When tummies are full or lunch time is over, Assistant Teacher will remove food bowls from the table and announce that lunch is over.  Teacher will turn on nap time music and dim the lights.	Who will give the warning(s): Lead Teacher
How we will reinforce the children when they follow the routine: <input checked="" type="checkbox"/> Verbal affirmations <input checked="" type="checkbox"/> Parallel Talk <input type="checkbox"/> Physical reinforcements:	Visual(s) we need to make for this routine: <input type="checkbox"/> Add to picture schedule <input type="checkbox"/> Picture(s) of steps: